

A. ROGER EKIRCH

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EDUCATION

Johns Hopkins University, M.A., 1974, Ph.D., 1978

Dartmouth College, A.B., Cum Laude, Highest Distinction in History, Rufus Choate Scholar, 1972

ACADEMIC APPOINTMENTS

1988- Professor, Virginia Tech

1987-88 Visiting Editor of Publications, Institute of Early American History & Culture

1982-88 Associate Professor, Virginia Tech,

1978-82 Assistant Professor, Virginia Tech

1977-78 Instructor, Virginia Tech

1975-76 Part-Time Instructor, University of Maryland, Baltimore County

1971-72 Research Assistant, Papers of Daniel Webster

PRIZES/HONORS

American Sanctuary: Mutiny, Martyrdom, and National Identity in the Age of Revolution

Main Selection, *History Book Club*, 2017

Book of the Week, *Publisher's Weekly*, 2017

"Our Favorite Books of 2017," *Washington Independent Review of Books*

"Holiday Reading List," *War on the Rocks*, 2017

College of Liberal Arts and Human Sciences Nominee for a University Distinguished Professorship, 2016

College of Liberal Arts and Human Sciences Award for Excellence in Research and Creative Scholarship, Virginia Tech, 2015

College of Liberal Arts and Human Sciences Nominee for a University Distinguished Professorship, 2014

Scholar Award in History, Virginia Social Science Association, 2010 (presented annually to one historian in the state)

Birthright: The True Story that Inspired "Kidnapped"

Book of the Month (November/December 2010), British Scholar Society

Finalist, Library of Virginia People's Choice Award, 2011

Alumni Award for Research Excellence, 2009 (the highest award granted by Virginia Tech for faculty research, two of which are awarded annually)

College of Liberal Arts and Human Sciences Award for Excellence in Research and Creative Scholarship, Virginia Tech, 2009

At Day's Close: Night in Times Past

Phi Alpha Theta National History Honor Society Prize ("Best subsequent book"), 2007

Phi Beta Kappa Sturm Award for Excellence in Faculty Research, Virginia Tech, 2006

Library of Virginia Literary Award in Nonfiction, 2006
 Charles Smith Book Award, Southern Historical Association, European Section, 2006
 An *Observer* Book of the Year, 2005
 A Longman *History Today* Best Title, 2005
 An Amazon Editors' #3 History Book of the Year, 2005
 A *Discover Magazine* Science Book of the Year, 2005
 An Editors' Pick, *Lapham's Quarterly*, 2008
 #1 Pick, "Ian Marchant's Top Ten Books of the Night," *The Guardian*, Jan. 25, 2012
 A "Must-Read of 2017," Virginia Postrel, Bloomberg News

"Outstanding Faculty," Virginia Tech "Measures of Excellence," 2005-2006, 2006-2007 (one of four faculty members featured by the College of Liberal Arts and Human Sciences); 2012- 2013 (one of ten featured by CLAHS); 2013-2014 (one of ten featured by CLAHS, 2014-2015 (one of eight faculty members featured by CLAHS)

James L. Clifford Prize for Best Article, 2002, American Society for Eighteenth-Century Studies
 Percy G. Adams Prize for Best Article, 2002, Southeastern American Society for Eighteenth-Century Studies

"Outstanding Faculty," Virginia Tech "Measures of Excellence," 2000-2001 (one of ten faculty members featured by the university)

STUDENT RECOGNITION

"Favorite Faculty," April 3, 2012 (one of the "favorite professors" honored at an annual reception hosted by Residence Life and Housing at Virginia Tech)

"Favorite Faculty," April 6, 2011

"Professor Appreciation Night," November 6, 2010 (one of the "favorite professors" honored by members of the Virginia Tech Women's Volleyball Team)

Faculty Excellence Award, 2009 (presented annually by History Department graduate students)

COURSES

Virginia Tech

Undergraduate: U.S. History to 1865
 Historical Methods
 Seventeenth-Century America
 Eighteenth-Century America
 Colonial America
 American Revolution
 Chapters in the Peopling of Early America
 The Atlantic in the Age of Piracy
 History in Contemporary American Culture
 History of Night – Graduate Seminar
 Graduate: Historical Research and Writing
 History of Early America – Reading Seminar
 History of Early America - Research Seminar
 History of Night – Undergraduate Reading Seminar
 History of Night – Undergraduate Lecture Course

Cambridge University: Set of eight lectures on the American Revolution in addition to undergraduate tutorials

University of Maryland, Baltimore County

U.S. History to 1865

Black America to 1865

GRADUATE STUDENTS

(CURRENT/RECENT)

Masters Thesis Co-Director for Marlee Putnam, "Women Making Waves: Janet Taylor's Contributions to Victorian Navigation"

Masters Thesis Committee Member for J.B. Potter, "Von Massow's Double-Edged Sword"

Masters Thesis Committee Member for Nicholas Nowland, "Civil War Guerilla Warfare in Southwestern Virginia," 2016

External Examiner, Doctoral Dissertation of Jennie Jeppessen, School of Historical and Philosophical Studies, University of Melbourne, 2014

Doctoral Dissertation Co-Director for Rosa Fina, "The Idea of Night in Portuguese Culture (XVII to XXth Centuries): Nocturnal Imaginary and Configurations," Center for Lusophonic and European Literatures and Cultures, University of Lisbon, 2016

Doctoral Dissertation Committee Member for Mary Richie McGuire, "Tobacco Cultures in the Age of Revolution: Migrations of Plants and Peoples in the Early Modern Atlantic, 1750-1850," Department of Science and Technology in Society, Virginia Tech

Doctoral Dissertation Committee Member for Allison Madar, "Eighteenth-Century Indentured Servitude in the Chesapeake, 1700-1783," Department of History, Rice University, 2013

Masters Thesis Director for Taylor Stoltz, "American Perceptions of the French Revolution," Department of History, Virginia Tech, 2015

Masters Thesis Co-Director for Alexandra Dowrey, "Non-Elites and the Classics: Interaction in Philadelphia, 1780-1820," Department of History, Virginia Tech, 2014

Masters Thesis Director for Heather Lennon, "Tavern Culture, Class, and Gender in Richmond, 1770-1810," Department of History, Virginia Tech, 2013

Masters Thesis Co-Director for William Paxton, "Crime and Society in Georgian London," Department of History, Virginia Tech, 2013

FELLOWSHIPS (External)

National Endowment for the Humanities Fellow, 2013-14

John Simon Guggenheim Memorial Foundation Fellow, 1998

National Endowment for the Humanities Fellow, 1992-93

Virginia Foundation for the Humanities Fellow, 1990

Virginia Foundation for the Humanities Fellow, 1987

National Endowment for the Humanities Fellow, 1986-87

National Endowment for the Humanities Fellow, 1982-83

Fellow Commoner, Peterhouse, Cambridge, 1981-82

Paul Mellon Research Fellow, Faculty of History, Cambridge, 1981-82

GRANTS (External)

National Endowment for the Humanities Summer Seminar for School Teachers (Director), 1995

American Philosophical Society Grant, 1993

American Council of Learned Societies Grant-in-Aid, 1991

American Historical Association Grant, 1990

National Endowment for the Humanities Travel to Collections Grant, 1989

American Historical Association Grant, 1986

American Philosophical Society Grant, 1981

PUBLICATIONS

Books (Monographs):

The Town That Cried Wolf: Louvain, 1914-1940 – a prospectus has been submitted to my editor

American Sanctuary: Mutiny, Martyrdom, & National Identity in the Age of Revolution (New York: Pantheon, Feb. 21, 2017). Pp.320. 2nd Printing. Paperback edition: Vintage Books (2018).

Birthright: The True Story that Inspired "Kidnapped" (New York and London: W.W. Norton, 2010). Pp.258. Paperback edition (2011).

At Day's Close: Night in Times Past (New York: W.W. Norton, 2005). Pp.480. Paperback edition (2006). 10th printing. Published in the UK by Weidenfeld & Nicolson (London, 2005). Paperback edition (2006). In Germany: *In der Stunde der Nacht: Eine Geschichte der Dunkelheit* (Lübbe, 2006). In the Netherlands: *Nacht en Ontij: Een Geschiedenis van het Duister* (De Bezige Bij, 2006). In China: 在一天關閉：歷史的夜晚 (Hunan Art House and Literature, 2006). In South Korea: 에 데이는 달기 : 나이트타임즈 과거에(Dolbegae, 2008). In Russia: *На исходе дня. История ночи* (Azbuka, 2010). In Slovenia: *Ob Satonu Dneva* (Studia Hamanitatis, 2011). In Japan: *Ushinawareta Yoru No Rekishi* (Intershift, January 2015).

Bound for America: The Transportation of British Convicts to the Colonies, 1718-1775 (Oxford: Clarendon/Oxford University Press, 1987). Pp.296. Paperback edition (1990).

"Poor Carolina": Politics and Society in Colonial North Carolina, 1729-1776 (Chapel Hill, N.C.: University of North Carolina Press, 1981). Pp.305.

Articles and Anthology Chapters:

"What Sleep Research Can Learn From History," *Sleep Health: The Journal of the National Sleep Foundation* – in press

"Sleep: Historical and Cultural Perspectives," in Francesco Cappuccio, MD, Michelle Miller, MD, and Steven Lockley, eds., *Sleep, Health and Society, Second Edition* (Oxford: Oxford University Press, 2018), 163-170

"Segmented Sleep in Preindustrial Societies," *Sleep*, XXXVI, no. 3 (March 2016), 715-716.

"Roger Ekirch, Historian," in Danilo Correale, ed., *No More Sleep No More* (Berlin: Archive Books, 2015), 25-32.

"The Modernization of Western Sleep: Or, Does Insomnia Have a History?," *Past & Present*, 226 (February 2015), 149-192.

"Sleep Medicine in the Middle Ages and the Renaissance," in Sudhansu Chokroverty, MD and Michel Billiard, M.D., eds. *Sleep Medicine: A Comprehensive Guide to Its Development, Clinical Milestones and Advances in Treatment* (New York: Springer Science, 2015), pp. 63-67.

With John Shneerson, MD, "Nineteenth-Century Sleep Violence Cases," *Sleep Clinics*, VI, no.4 (December 2011), 483-491.

With John Shneerson, MD, "The Clinical Features of Sleep Violence in Arousal Disorders: An Historical Review," *Sleep Medicine Clinics*, VI, no.4 (December 2011), 493-498.

"Sleep We Have Lost: Pre-industrial Slumber in the British Isles," *American Historical Review*, CV,

no.2 (April 2001), 343-387.

"Exiles in the Promised Land: Convict Labor in the Eighteenth-Century Chesapeake," *Maryland Historical Magazine*, LXXXII, no.2 (Summer1987), 95-122.

"Hungry as Hawks': The Social Bases of Political Leadership in Colonial North Carolina, 1729-1776," in Bruce Daniels, ed., *Power and Status: Office holding in the American Colonies* (Middletown, Conn.: Wesleyan University Press, 1986), 139-145.

"Bound for America: A Profile of British Convicts Transported to the Colonies, 1718-1775," *William and Mary Quarterly*, 3d Ser., XLII, no.2 (April 1985), 184-200.

"Whig Authority and Public Order in Backcountry North Carolina, 1776-1783," in Ronald Hoffman, Thad W. Tate, and Peter J. Albert, eds., *An Uncivil War: The Southern Backcountry during the American Revolution* (Charlottesville, Va.: University Press of Virginia, 1985), 99-124.

"The Transportation of Scottish Criminals to America during the Eighteenth Century," *Journal of British Studies*, XXIV, no.3 (July 1985), 366-374.

"Great Britain's Secret Convict Trade to America, 1783-1784," *American Historical Review*, LXXXIX, no.5 (December 1984), 1285-1291.

"The North Carolina Regulators on Liberty and Corruption, 1766-1771," *Perspectives in American History*, ed., Donald Fleming (Harvard University: The Charles Warren Center for Studies in American History, 1977-1978), XI, 197-256.

"A New Government of Liberty': Hermon Husband's Vision of Backcountry North Carolina, 1755," *William and Mary Quarterly*, 3d Ser., XXXIV, no. 4 (October 1977), 632-646.

Other Publications:

"America's First Unsolved Mystery," *Wall Street Journal*, June 17, 2018

"Maps With Gaps," *Wall Street Journal*, April 6, 2018

"A Bounty of Troublemakers," *Wall Street Journal*, November 19, 2017

"What to Give: Books on History," *Wall Street Journal*, November 18, 2017

"Asylum Once Defined America. Now, It Stands Imperiled," *Guardian*, September 3, 2017

"The Ghost Ship of Brooklyn," *Wall Street Journal*, August 23, 2017

"Impertinent Questions with A. Roger Ekirch" *Humanities: The Magazine of the National Endowment for the Humanities*, Spring 2017

"Americanism in the Early Republic," *Wall Street Journal*, April 8, 2017

"How the Bloodiest Mutiny in British Naval History Helped Create American Political Asylum," *Smithsonian Magazine*, March 24, 2017

"Echoes from the Presidential Election of 1800," *Huffington Post*, June 6, 2016.

“Night, What Art Thou Good For?,” *Daylight/Architecture* (Velux Group, Denmark), 25, Spring 2016, 56-67.

“Where the Hearth Is,” *Wall Street Journal*, Sept. 26, 2015, “Life & Culture.”

Arianna Huffington, “My Q and A with Roger Ekirch on the Way We Sleep, and How It's Changed Over the Centuries,” *Huffington Post*, June 24, 2015.

“A Plea for Time Out of Mind,” *Wall Street Journal*, April 29, 2015, “Bookshelf.”

“La casa de un hombre es su castillo: fortificaciones domésticas,” *Bitácora Arquitectura*, 27 (August 2014), 120-128.

“Habits of Highly Inventive People,” *Wall Street Journal*, April 3, 2014, “Bookshelf.”

“Every Day a Holiday,” *Wall Street Journal*, December 22, 2013, “Life & Culture.”

“Segmented Sleep,” *Harper's Magazine*, August 2013, 35-37.

“Embracing the Dark Side,” *Wall Street Journal*, July 27, 2013, “Life & Culture.”

“Planes, Trains, and Orbital Spacecraft,” *Wall Street Journal*, December 14, 2012, “Life & Culture.”

“Zzzzzs the Day,” *Wall Street Journal*, April 28, 2012, “Life & Culture.”

“Return to a Darker Age,” *New York Times*, January 8, 2012, “The Sunday Review.”

“Comment” on Jacques Galinier et al., “Anthropology of the Night: Cross-Disciplinary Investigations,” *Current Anthropology*, LI, 6 (December 2010), 838-839.

“Kidnapped! Tracking Down a Ripping Good Irish-American Tale,” *Common-Place*, XI, no.1 (October 2010) www.common-place.org/.

“Supernatural Terrors Tamed,” *New York Times*, August 1, 2010, “Room for Debate” Opinion Blog (by invitation).

Robert Louis Stevenson’s ‘Kidnapped’. . . The True Story,” *The Scotsman* (Edinburgh), March 6, 2010.

“Violence in the Land of Sleep,” *New York Times*, March 24, 2010, “All-Nighters” Opinion Blog (by invitation).

“Dreams Deferred,” *New York Times*, February 19, 2006, “Week in Review,” 13. Reprinted in Steven Berber, *Awake: A Reader for the Sleepless Soul* (Soft Skull Press, 2008), 219-21.

“Sometimes an Art, Never a Science, Always a Craft: A Conversation with Bernard Bailyn,” *William and Mary Quarterly*, 3d Ser., XLIX, no.4 (October 1994), 625-658.

“Bound for the Chesapeake: Convicts, Crime, and Colonial Virginia,” *Virginia Cavalcade*, XXXVII, no.3 (Winter 1988), 100-113.

"Poverty, Class, and Dependence in Early America," *Historical Journal*, XXVII, no.2 (June 1984), 493-502.

Miscellaneous dictionary/encyclopedia entries and academic book reviews

INVITED LECTURES

"How the Past Informs Our Understanding of Sleep," Keynote Address, Pediatric CME Grand Rounds, Carilion Roanoke Memorial Hospital, August 9, 2018

"How the Past Informs Our Understanding of Sleep," Plenary Address, "Embattled and Conquered? The History of the Nighttime in the Early Modern World," Harvard University Center for Italian Renaissance Studies, Villia I Tatti, Florence, June 13, 2018

"Why You Should Sleep Through This Session," Panelist, Fortune Brainstorm Health Conference 2018, Laguna Niguel, California, March 20, 2018

"Night Dreams: A Cage of Unclean Thoughts," Plenary Address, Tel Aviv University, January 8, 2018

"The Anthropology of Sleep," Course Lecture, University of Oxford, Sleep and Circadian Neuroscience Institute, Online MSc Programme in Sleep Medicine, 2017-2018

"American Sanctuary," Maryland Historical Society, October 19, 2017, Baltimore

"Devaluing the Importance of Sleep," Address to Psi Chi Psychology Honor Society, Virginia Tech, May 3, 2017

"The Modernization of Sleep," Keynote Address, Royal Society of Medicine, Sleep Medicine Division, London, Feb. 7, 2017

"Sleep We Have Lost," Keynote Address for the Exhibition "Insomnia," 24 September 2016 – 22 January 2017, Bonniers-Konsthall Museum of International Contemporary Art, Stockholm, October 5, 2016

"Sleep: At the Intersection of Science and History," Plenary Address, American Academy of Dental Sleep Medicine Annual Meeting, Denver, 2016

"Is Insomnia History?," Plenary Address, Historic Deerfield, Inc., Deerfield, Massachusetts, 2015

"Dreams We Have Lost," Keynote Address, International Symposium, International Research Center for Japanese Studies, Kyoto, 2015

"Sleep and Its Discontents in Times Past," Keynote Address, 2015 Interpretation Workshop, Rural History Consortium, Pennsbury Manor, Pennsylvania, 2015

"History of Sleep in Humans: The Loss of Segmented Sleep," Trainee Symposia Workshop, Sleep Research Society Annual Meeting, Minneapolis, 2014

"Is Insomnia History: The Modernization of Sleep," Keynote Address, Conference on "Nature, Nurture, Economy: The History of Sleep in Modern Times," University of Göttingen, 2013

"Mutiny, Human Rights, and American Nationhood," Washington and Lee University, Lexington, 2011

- “Sleep Across the Disciplines,” Panel Symposium, Center for Mind, Brain, and Culture, Emory University, Atlanta, 2010
- “Sleep We Have Lost,” Keynote Address, Annual Awards Dinner, National Sleep Foundation, National Harbor, Maryland, 2010
- “The Modernization of Sleep,” Keynote Address, Annual Conference, Virginia Academy of Sleep Medicine, Richmond, 2010
- “Reflections,” Virginia Social Science Association Conference, Virginia State University, Petersburg, 2010
- “Birthright: The True Story of the Kidnapping of Jemmy Annesley,” Center for the Book, Library of Congress, Washington, D.C., 2010; Library of Virginia, Richmond, 2010; Virginia Festival of the Book, Charlottesville, 2010; Glucksman Ireland House for Irish & Irish American Studies, New York University, 2010
- “Historical Perspectives on Sleep,” Joint Congress of the Japanese Society of Sleep Research, the Asian Sleep Research Society, and the Japanese Society of Chronobiology; also given as a public lecture at Nihon University School of Medicine, Tokyo, at the invitation of Makoto Uchiyama, M.D., Ph.D., Chair of the Department of Psychiatry, 2009
- “The History of Sleep: Needs and Opportunities,” Western Psychiatric Institute and Clinic at the University of Pittsburgh, 2008
- “Sleep in Times Past,” Keynote Address, British Sleep Society Conference, Robinson College, Cambridge University, 2007
- “*At Day’s Close*,” Center for the Book, Library of Congress, Washington D.C., 2005; Exchange Club of Capitol Hill, Washington, D.C., 2005; the Library of Virginia, Richmond, 2005; Western Virginia Historical Society, Roanoke, 2005; Reynolds Homestead, Critz, Va., 2006; Roanoke Book Festival, 2006; Prof. Katherine Lebow’s Western Civilization class at the University of Virginia, 2006; Virginia Festival of the Book, Charlottesville, 2006; Phi Beta Kappa Meeting, Virginia Tech Chapter, 2006; National Trust for Historic Preservation, Washington, D.C., 2006
- “Nighttime in Preindustrial Europe,” Louisiana State University, 2002; Ohio State University, 2004
- “Night in Times Past,” North Cross School Symposium, Roanoke, Va., 2001; Higher Education Center, Roanoke, Va., 2003
- “Night is No Man’s Friend,” Keynote Address, State Conference, Virginia Crime Prevention Association, Roanoke, Va., 2002
- “Sleep We Have Lost,” Blacksburg Torch Club, 2002; Rotary Club of Arlington, Va. 2002
- “Be Afraid of the Dark,” Arts Club of Washington, 2001
- “‘The Poor Man’s Wealth’? Sleep in Early Modern Britain,” Johns Hopkins University, 1997
- “Night Life in Colonial America,” Fossieck Memorial Lecture, State University of New York at Albany, 1989

“At Day’s Close: Nighttime in the Early Modern World,” Institute of Early American History and Culture, Williamsburg, Va., 1988

“Great Britain’s Secret Convict Trade to America, 1783-1784,” Phi Alpha Theta, University of Richmond, 1987

“Exiles in the Promised Land: Convict Laborers and the Eighteenth-Century Chesapeake,” Conference on “The Eighteenth-Century Chesapeake,” sponsored by the Institute of Early American History and Culture and by Johns Hopkins University, Baltimore, 1984

“The Transportation of British Convicts to America,” Southwestern Virginia Genealogical Society, Roanoke, Va., 1984

“Strife and Contention: Eighteenth-Century Society,” University of North Carolina at Charlotte, Continuing Education, Gastonia, Salisbury, Charlotte, 1984

“Early American Indians,” talk given to two American history classes at Blacksburg High School, 1983

“Whig Authority and Public Order in Backcountry North Carolina, 1776-1783,” American Studies Seminar, Cambridge University, 1982; American History Seminar, Oxford University, 1982

“Beyond William Bryd’s Dividing Line,” Association for the Preservation of Virginia Antiquities, Blacksburg, Va., 1978

CONFERENCE ACTIVITY

“Escape Hatch or Deathtrap: The Allure of the Atlantic,” Société d’Etudes Anglo-Américaines XVIIIe XVIIIe siècles SEAA 17-18, Paris, to be held January 18-19, 2019

“Artificial Illumination and Its Discontents,” European Association for Urban History, Lisbon, 2014

“The Modernization of Segmented Sleep,” Associated Professional Sleep Societies Meeting, Baltimore, 2013

Chair and Commentator, “Beyond Slave Labor: Exploring Shifting Sources of Unfree Labor in the Colonial Americas after 1700,” Organization of American Historians Meeting, San Francisco, 2013

“Nighttime in Preindustrial Europe,” Night & the City Conference, McGill University, 2001

“At Day’s Close: Nighttime in Early America,” Front Range Early American Consortium, 1990, Jackson Hole, Wyoming; Australian and New Zealand American Studies Association Biennial Conference, Sydney, 1990

Discussant, “The Atlantic World in the Colonial Period,” New Directions in Virginia History, Virginia Historical Society, Richmond, 1990

“Crime and British Convicts in the Eighteenth-Century Chesapeake,” Social Science History Association Meeting, Chicago, 1985; Australian and New Zealand American Studies Association Biennial Conference, Auckland, 1986

- Discussant, "The Transformation of Punishment in England and North America, 1750-1850," American Society for Legal History Meeting, Toronto, 1986
- Chair, "History Panel," Virginia Social Science Association Meeting, Farmville, 1986
- Chair and Discussant, "Economic Development in Colonial South Carolina," Citadel Conference on the South, Charleston, 1985
- Discussant, "The Social World of Britain and America, 1600-1820: A Comparison from the Perspective of Social History," sponsored by Colonial Williamsburg, the Institute of Early American History and Culture, and the Institute of Historical Research, Williamsburg, 1984
- "Bound for America: A Profile of British Convicts Transported to the Colonies, 1718-1775," Phi Alpha Theta Meeting, San Francisco, 1983; Social Science History Association Meeting, Toronto, 1984
- "British Convicts and Colonial America, 1718-1775," British Association for American Studies Conference, Reading, England, 1984
- "Whig Authority and Public Order in Backcountry North Carolina, 1776-1783," Conference of the United States Capitol Historical Society and the Institute of Early American History and Culture, Washington, D.C., 1982
- Discussant, "Tanner Lectures," delivered by Kingman Brewster, Clare Hall College, Cambridge University, 1981
- "Land Tenure and Proprietary Policy in the Granville District of North Carolina, 1744-1776," American Historical Association Meeting, New York, 1979
- "Country Ideology and Popular Protest: The North Carolina Regulators, 1766-1771," Organization of American Historians Meeting, New Orleans, 1979

FILM AND TELEVISION

- Global News, Toronto, 2018
- "Adam Ruins Everything," TruTv, 2018
- Global News BC, Vancouver, 2018
- "American Sanctuary," Book TV, C-Span, 2017
- "Eyes Wide Shut," WSET, 2016
- "The Agenda with Steve Paikin," TVO, Canadian Public Television, 2015
- "How We Got to Now: Light," PBS/BBC Television Series, 2013-2014, consultant
- "Turn," AMC television series, 2013-2014, consultant
- "The City Dark," a feature documentary film directed by Ian Cheney, Points of View, PBS television, 2012, commentator
- "The One Show," BBC1 Television, 2012
- "Aktuell," SV2, Swedish National Television, 2012
- "Kidnapped: A Georgian Adventure," one-hour television documentary based on my book *Birthright*, BBC Four, consultant and commentator, 2011
- "The Epic History of Everyday Things," two-hour television documentary, The History Channel, commentator, 2011
- "Virginia This Morning," Richmond CBS, 2010
- "Afraid of the Dark," two-hour television documentary, The History Channel, main commentator,

2010

- "Book TV," C-Span, 2006
- "Understanding Sleep," one-hour television documentary, The Learning Channel, contributor, 2000

RADIO

- "Ideas," CBC, 2017
- "The Inquiry," BBC World News, 2017
- "The Bill Newman Show," WHMP-AM, Boston, 2017
- "Now It's the News," USA Radio Network, national, 2017
- "Big Mornings," WBEL-AM, Madison, Wisconsin, 2017
- "Mornings with Bill and Joel," WDUN-AM, Atlanta, 2017
- "The John Hines Show," WCCO-AM, Minneapolis, 2017
- "The Warren Lawrence Show," WKNY-AM, Hudson Valley, New York, 2017
- "The Frank Beckmann Show," WJR-AM, Detroit, 2017
- "Peace & Justice," WSLR-AM, Sarasota, Florida, 2017
- "The Bill Martinez Show," nationally syndicated, 2017
- "Good Books Radio," syndicated in TX (NPR), 2017
- "Columbia Mornings," KFRU-AM, Columbia, Missouri, 2017
- "The Roundtable," WAMC-AM (NPR), regional Northeast, 2017
- "Morning Show," KJAQ-AM, Seattle, Washington, 2017
- "Speaking of Writers," WGNA-FM, Albany, New York, 2017
- "The Jeff Schechtman Show" - Napa Broadcasting, Napa, California, 2017
- "Why We Fear the Dark," BBC Radio 5, London, 2016
- "The Dr. Karthrine Albrecht Show," Nashua, New Hampshire, 2016
- "Doctor Radio," New York University Langone Medical Center, Sirius/XM, 2016
- "The Science Show," Australian Broadcasting Corporation, 2015
- "The Kate Dalley Show," KZNU, St. George, Utah, 2015
- "How Electric Light Changed the Night," KQED Science, NPR/PBS Affiliate, San Francisco, 2015
- "More or Less," BBC Radio 4, London, 2015
- "The Pulse," WHYY, Philadelphia, 2014
- "Fieldstone Common" with Marian Pierre-Louis (podcast), Boston, 2014
- "New Tech City," WNYC, NPR Affiliate, New York, 2014
- "Overnight," ABC Radio National, Sydney, 2013
- "Sunday Sequence," BBC Northern Ireland, Belfast, 2013
- "The Mark Forrest Evening Show," BBC, London, 2013
- "Samfelldur svenfn ekki endilega lausnin," *RUV* (Icelandic National Broadcasting Service), 2013
- "Why Do We Get Insomnia?" *The Why Factor*, BBC World Service, London, 2013
- "Sleep," *The Why Factor*, BBC World Service, London, 2013
- "Backstory: The History Guys," NPR, 2013
- "Sleep: Good Night and Good Luck," The Sunday Edition with Michael Enright, CBC Radio, Toronto, 2012
- "Kvanthopp" Radio Vega, National Broadcasting Company YLE, Helsinki, Finland, 2012
- "Weekend Mornings with Chris Adams," 4BC Radio Brisbane, Australia, 2012
- "The Michael Smerconish Program," nationally syndicated, Philadelphia, 2012
- "The Tim Constantine Show," WFOY, St. Augustine, Florida, 2012
- "The Carl Lanore Show," Louisville, Kentucky, 2012
- "The Colin McEnroe Show," WNPR, NPR affiliate, Hartford, Connecticut, 2011
- "The Sleep Diaries" (five-part series), BBC Radio 4, London, 2011
- "Virginia Voice," Richmond, 2010
- "Morning Roundtable," WAMC, NPR affiliate, Albany, New York, 2010
- "Weekend Edition with Liane Hansen," NPR, 2010

“The John Batchelor Show,” WABC, New York, 2010
 “Redskins,” Commentary, WVTF, NPR Affiliate, Roanoke, Virginia, 2010
 “Moncrieff with Sean Moncrieff,” Newstalk Radio, Dublin, 2007, 2010,
 “Saturday Afternoon at the Opera,” CBC Radio, Vancouver, 2009
 “The People’s Pharmacy,” 2008
 “Mornings with Margaret Throsby,” ABC Radio National, Sydney, 2007
 “Talk of the Nation with Neal Conan,” NPR, 2006
 “Morning Edition,” NPR, 2006
 “On Point with Tom Ashbrook,” NPR, 2005
 “Whad’Ya Know with Michael Feldman,” NPR, 2005
 “Afternoon Magazine,” WILL-AM, NPR affiliate, Urbana, Illinois 2005
 “Open Line,” WOSU, NPR affiliate, Columbus, Ohio 2005
 “The Book Show,” WAMC, NPR affiliate, Albany, New York 2005
 “Jamie Owen,” BBC Radio Wales, Cardiff, 2005
 “Up All Night,” BBC Radio 5 Live, London, 2005
 “Late Night Live,” ABC Radio National, Sydney, 2005
 “Ideas,” Canadian Broadcasting Corporation Radio, Toronto, 2004
 “Documents,” BBC Radio, London, 2004
 “With Good Reason,” WVTF, NPR affiliate, Charlottesville, Virginia 2002, 2005
 WFAE, Charlotte, 1984
 WRVA, Richmond, 1982

PRINT PROFILES OF RESEARCH

Estilo de Vida, “Por qué dormimos en la misma cama si puede ser tan incómodo?,” *El Espectador*, 5/6/18
 Regi George Jenarius, “Sleeping Twice a Day May Suit Our Body Clocks Better, Boost Creativity and Increase Alertness Through the Day,” *India Times*, 4/8/18
 Dr. Michael Mosley, “Why Sleeping Like a Victorian Could Help Cure Insomnia,” *Daily Mail*, 3/25/18
 “A nyolcórás alvás mitosz, elődeink még másként aludtak,” *24 Hu*, Budapest, 2/19/18
 Oana Bujor, “De ce oamenii dorm în cicluri de opt ore?,” *Descopera*, 1/1/18
 Virginia Postrel, “Must-Reads of 2017: No, These are not Dark Times,” *Bloomberg News*, 12/21/17
 Shaun Smillie, “Some Insomnia May Just Be Our Ancestors Calling,” *Business Day*, 10/4/17
 Anna Hartford, “The Invention of Sleep,” *The Sunday Times*, Cape Town, 9/24/17
 James Bullen, “Have Humans Always Slept Through the Night?,” *Australian Broadcasting Corporation News*, 9/30/17
 “Dlaczego Nie Lubimy Spac Samotnie,” *Polityka*, 9/9/17
 Sally Howard, “Are You a Medieval Sleeper? Why It’s Time to Put the Eight-Hour Night to Bed,” *Telegraph*, 8/22/17
 “Schlafen,” *Bild am Sonntag*, July 30, 2017
 Anna Gillis, “Impertinent Questions with A. Roger Ekirch” *Humanities: The Magazine of the National Endowment for the Humanities*, Spring 2017
 “The 15 Most Interesting People in Sleep,” *Van Winkle’s*, June 1, 2017
 April Cashin-Garbutt, “History of Sleep: What Was Normal,” *News-Medical*, 5/17/ 2017
 Dr. Michael Mosley, “How He Defeated His Sleeping Problem,” *Daily Mail*, 10/24/16
 Olivia Goldhill, “The Many Forgotten Benefits of Slegmented Sleep,” *Quartz*, 4/10/16
 Peter Papathanasiou, “I Used to be Tired All the Time Too,” *Guardian*, 4/5/16
 “Debatte um die Länge des ‘natürlichen’ Schlafs,” *Der Standard* (Vienna), 3/28/16
 Jesse Baron, “Letter of Recommendation: Segmented Sleep,” *New York Times Magazine*, 3/31/16
 Carolyn Gregoire, “Why Sleeping Through the Night May Not Be ‘Natural,’” *Huffington Post*, 3/23/16
 “Miért keltek fel a középkoriak az éjszaka közepén?,” *Múlt-kor Magazin* (Budapest), 1/28/16
 Ulrica Cecilia Fagerström, “Sex, böner och träff med grannen efter ‘den första sömnen,’” YLE, Finnish National Public Broadcasting, 1/12/16

- Eric Barker, "People Slept in 2 Segments Every Night Until Electricity was Invented," *Business Insider*, 12/26/15
- Lucie Tomanová, "Velké umění spánku: Jak to, že předky nespavost netrápila?," *Reflex Magazine* (Prague), 12/23/15
- Sibel Çağlar, "Atalarmimiz bisim givi uyumuyorlardı," *Posta* (Istanbul), 12/22/15
- Malin Eriksson, "Are We Sleeping the Wrong Way," *New Cyprus Magazine*, 11/19/15
- Arianna Huffington, "My Q and A with Roger Ekirch on the Way We Sleep, and How It's Changed Over the Centuries," *Huffington Post*, 6/24/15
- "Evo što se događa ako ne spavate noć u komadu!" *Portal Oko* (Zagreb), 3/17/15
- Redakcja, "Dlaczego nie lubimy spać samotnie," *Polityka* (Warsaw), 3/13/15
- Rose Foster, "Two Short Sleeps a Night," *Doctor's Review*, 2/22/15
- Dina Gordon, "בלילה פועמים ישינים," *Epoch Times*, 2/5/15
- Kaushik Das Gupta, "Spells of Sleep," *Down to Earth Magazine* (New Delhi), 1/15/15
- Bess Lovejoy, "The Wee Hours," *Lapham's Quarterly*, 12/8/14
- Lynn Stuart Parramore, "The 8-Rule is Bunk: How Conventional Wisdom About Sleep is Stressing Us Out," *Salon*, 11/16/14
- Karen Emslie, "Why Broken Sleep is a Golden Time for Creativity," *Aeon Magazine*, 11/7/14.
- Elinor Fuks, MAKO, "פועמים כל לילה," 10/14/14.
- ÉJOSEDUARDOVALASDÉ, "Falocracia," *Periódico Noroeste* (Sinola, Mexico), 10/10/14.
- Mihaela Stănescu, "Strămoșii noștrii nu dormeau la fel ca noi!," *Journalul Național* (Bucharest), 10/7/14
- John Methven, "Why We Sleep Together," *The Atlantic* (6/11/14).
- "The Jetless Jet Lag," *Telegraph-Journal* (Saint John, News Brunswick), 3/10/14.
- Arvid Huisman, "Elusive Night of Sleep," *Des Moines Register*, 9/4/13.
- Maarja Aljas, "Unerütmid on ajas muutunud," *Labipasistev Meedia Telegram* (Estonia), 8/24/13.
- Stassia Bliss, "Two Sleeps – How People Used to Slumber," *Las Vegas Guardian Express*, 8/24/13.
- Catherine Woulfe, "Sleep Like a Caveman," *New Zealand Listener*, 8/27/13.
- David Randall, "How the Lightbulb Transformed the Way We Sleep," *National Post* (Toronto), 9/17/12.
- "Good Night, Sleep Tight (Maybe More than Once)," *News Tribune* (Tacoma, WA), September 15, 2012.
- Toby Manhire, "The Students of Sleep," *New Zealand Listener*, 8/13/12.
- Marcelo Córdova, "Había una vez una época en que despertábamos a media noche," *Latercera* (Santiago), 8/12/12.
- "História e ciência derrubam o mito das oito horas de sono," *Singular Magazine*, 4/23/12.
- "Sen w kawałkach," *Nowości* (Torun, Poland), 4/13/12.
- Luke Malone, "Eight-Hour Sleep Unnatural, Say Experts," *Sydney Morning Herald*, 3/16/12.
- Martin Hesp, "Why Scientists Are No Longer in the Dark When It Comes to Sleep," *Bath Chronicle*, 3/14/12.
- "Eight Hour Sleep Myth," *Huffington Post*, 3/5/12.
- "Åtta timmars sömn kan vara onaturligt," *Metro* (Stockholm), 3/3/12.
- "El día después, cuando el descanso se acorta," *El Norte* (Buenos Aires), 3/1/12
- Cathrine Kahrs, "[Feil at du trenger åtte timers søvn](#)," *Klartale* (Oslo), 2/29/12.
- "Uavbrutt søvn er en myte," *Trønder –Avisa*, (Steinkjer, Norway), 2/29/12.
- "Åtta timmars sömn en myt," *Dagens Nyheter* (Stockholm), 2/28/12.
- Arnt Olaf Foseide, "Before, We Slept Twice Each Night," *Framtid i Nord* (Nordresia, Norway), 2/24/12.
- Andrew Sullivan, "Is Eight Straight Hours of Sleep Unnatural," *The Daily Beast*, 2/25/12.
- "Realmente necesitamos dormir ocho horas seguidas?," *La Vanguardia* (Barcelona), 2/23/12.
- "Otto ore di sonno? TROPPE, ne bastano quattro," *Il Mattino* (Naples), 2/23/12.
- "Got Insomnia? Sleep on This," *Catholic Online*, 2/23/12.

- Christine Baumgarhuber, "Night Moves," *The New Inquiry*, 2/22/12.
- Stephanie Hegarty, "The Myth of the Eight-Hour Sleep," *BBC News Magazine*, 2/22/12.
- Erin Anderson, "Not Getting Steady Shut-Eye? Don't Lose Sleep Over It," *Globe and Mail*, 2/22/12.
- Esben Larsen Mikkelsen, "Tvivl om den gode nattesøvn," *Morgenavisen Jyllands-Posten* (Vilby, Denmark), 2/22/12.
- Torsten Harmsen, "NACHT: Die geraubte Dunkelheit," *Berliner Zeitung*, 8/25/11.
- Naoatsu Aoyama, "An Interview with Professor Ekirch," *Asahi Shimbun* (Tokyo), 8/21/11.
- Barry Evans, "Sleep, Pray, Sleep," *North Coast Journal*, 7/28/11.
- Anna Von Sperling, "Myten om en god nats søvn," *Dagbladet Information* (Copenhagen), 7/22/11.
- Bernhard Mackowiak, "Wen die Nacht am tiefsten," *Frankfurter Neue Presse*, 2/11/11.
- Simon Edge, "Kidnapped by a Ruthless Lord," *The Daily Express*, 3/1/10.
- Jon Henley, "Stranger Than Fiction," *The Guardian*, 2/18/10, 12-14.
- Walter A. Brown, M.D., "Ancient Sleep in Modern Times," *Scientific American Mind*, 12/06, 14- 15.
- Walter A. Brown, M.D., "Acknowledging Preindustrial Patterns of Sleep May Revolutionize Approach to Sleep Dysfunction," *Applied Neurology*, 5/06, 32-34 (revised and reprinted, "Broken Sleep May be Natural Sleep," in *Psychiatric Times*, 3/07).
- Joe Kennedy, "Historian Illumines Society's Night Life," *Roanoke Times*, 5/28/05
- Patricia Oomen, "De Geschiedenis Van het Slapen," *Historisch Nieuwsblad*, 6-8/03.
- Noordmans, "Hoe de Mensen hun Eerste Slaap Verloren," *Leeuwarder Couraunt*, 7/14/01.
- Joe Kennedy, "Book About Night Has a Bright Future," *Roanoke Times*, 2/3/01.
- Joyce and Richard Wolkomir, "When Bandogs Howle and Spirits Walk," *Smithsonian*, 1/01, 38-44.
- Kate Terwilliger, "Heaven's Sparkles Inverted," *Denver Post*, 2/3/00.
- Rex Bowman, "Shedding Some Light on a Dark Topic," *Richmond Times-Dispatch*, 5/25/99.

In addition to the above profiles of my research, other articles referencing it, in varying detail, are listed below in 1) medical and scientific periodicals and 2) newspapers and magazine publications (not including reprinted articles from other publications or reviews of my books).

1) *Science News* (9/25/99, 8/11/01), *Journal of Biological Rhythms* (8/01, 6/18/15, 7/23/18, *Townsend Letter for Health* (4/02), *Doctors and Patients* (7/02), *Sleep Medicine Reviews* (2004, 2009, 2010, 2014, 2016), *Pediatrics* (1/05), *Somnologie* (10/06), *Medicine Weekly* (3/15/06), *Psychiatric Times* (3/07), *Acta Paediatrica* (8/07), *Sleep and Biological Rhythms* (8/07), *Journal of Sleep Research* (3/08), *Chronic Illness* (6/08), *AMA Journal of Ethics* (9/08), *Environmental Health Perspectives* (1/09), *Pro Sana* (3/07), *Sleep* (3/1/09, 1/1/14), *Acta Neurologica Scandinavica* (11/09), *Scientist Magazine* (4/1/09), *Medicine Alert* (2/15/11), *Social Science and Medicine* (4/ 2/13), *Helse* (8/31/11), *Healthy Living* (9/21/12), *Sosiaalilääketieteellinen Aikakauslehti [Journal of Social Medicine]* (112011), *American College of PhysiciansInternist.com* (9/28/12), *Oncology Times* (6/25/12), *JustOncology.com* (9/4/12), *Revista Médica de Clínica Las Condes* (2013), *Social Science & Medicine* (2/13), *Biological Psychology* (2/13), *Medical Anthropology* (4/13), *Revista Médica Clínica Las Condes* (5/13), *Current Biology* (8/13, 11/1/15, 12/7/15, 3/1/16, 2/17), *Culture, Medicine, and Psychiatry* (10/13), *Contemporary Clinical Trials* (9/13), *Archivos de Neuro-Psiquiatria* (2/14), *American Journal of Obstetrics & Gynecology* (1/14), *Endocrine Reviews* (3/14), *Annals of Medicine* (6/14), *Sleep Medicine Clinics* (6/14), *Clinics in Geriatric Medicine* (6/14), *Infant Mental Health Journal* (7/14), *Médecine du Sommeil* (4-6/14), *Advances in Zoology* (9/7/14); *Journal of Psychosomatic Research* (10/14), *Proceedings of the National Academy*

of Sciences of the United States (10/7/14), *International Journal of Birth and Parent Education* (3/15), *Philosophical Transactions of the Royal Society B.* (2015), *Live Science* (6/30/15), *Journal of Clinical Sleep Medicine* (8/15), *Journal of the History of the Neurosciences: Basic and Clinical Perspectives* (8/20/15), *Neurobiology of Aging* (9/9/15), *Neuroscience Biobehavioral Reviews* (11/15), *Evolutionary Anthropology* (11-12/15) *Chronobiology International: The Journal of Biological and Medical Rhythm Research* (2015), *Evolution, Medicine, & Public Health* (1/16), *Issues in Mental Health Nursing* (1/6/16), *Eye* (1/8/16), *Sleep Health: Journal of the National Sleep Foundation* (3/16, 9/16, 4/18), *Plos One* (5/16), *Sleep Disorders in Children* (10/4/16), *Iranian Journal of Medical Sciences* (11/16), *Medicine, Health Care, and Philosophy* (12/16); *American Journal of Physical Anthropology* (1/17), *Journal of Clinical Sleep Medicine* (1/17), *American Journal of Human Biology* (2/17), *Sleep Disorders Medicine* (2017), *Sleep Review Magazine* (5/15/17), *Human Nature* (6/17), *Journal of Anthropological Research* (7/17/17, 7/8/18, 7/8/18), *American Journal of Epidemiology* (7/31/17), *Nature* (9/6/17), *Scientific Reports* (9/6/17), *Computational Biology* (10/26/17), *Schlaf-kulturelle Einflüsse* (11/14/17), *Schlafstörungen* (11/14/17), *Schichtarbeit und Gesundheit* (2/2/18), *Health: An Interdisciplinary Journal for the Social Study of Health, Illness and Medicine* (3/8/18), *Rivista di Psichiatria* (2018), *Sleep Health: The Journal of the National Sleep Foundation* (3/5/18), *Science and Engineering Ethics* (6/8/18), *The Lancet* (6/4/2018)

2) *New York Times Sunday Magazine* (11/18/07), *New York Times* (9/2/11, 9/23/12, 10/2/13, 5/14/14, 10/15/15), *Boston Globe* (4/10/06), *Boston Globe Magazine* (8/17/16), *Washington Post* (3/12/09, 2/14/11), *The Atlantic* (10/10/15, 8/4/16), *Time* (2017), *Newsweek* (7/17/08, 1/30/15, 10/15/15), *Los Angeles Times* (10/9/06), *Wall Street Journal* (2/28/08, 11/20/09, 8/4/12), *New Yorker Magazine* (3/8/13, 2/1/16, 10/23/17), *Weekly Standard* (5/11/17), *Vanity Fair* (6/1/17), *City News Service of Los Angeles* (1/29/01), *Chicago Tribune* (1/19/01), *San Francisco Chronicle* (12/16/07), *Santa Barbara Independent* (7/5/07), "On Point with Tom Ashbrook," NPR (8/16/12), "All Things Considered," NPR (11/23/14), *Good Morning America*, *ABC News blog* (11/19/15), *National Geographic* (6/25/15); *Los Angeles Review of Books* (2/12/14, 8/3/14), *Virginia Quarterly Review* (7/5/16); *Mentalfloss.com* (9/13), *Associated Press* (2008), *USA Today* (2/27/06), *Dayton Daily News* (12/24/14), *Newsday* (8/16/12), *Inc. Magazine* (12/4/14), *Business Insider* (8/14/12, 11/4/13, 9/9/14), *Fortune Magazine*, (8/31/12, 7/1/15), *Quartz* (6/18/15), *Richmond Times Dispatch* (11/28/05), *Roanoke Times* (5/28/05, 6/22/05, 2/23/06, 9/15/06), *Chicago Daily Herald* (12/20/15), *Gettysburg Times* (6/24/14), *Berkshire Eagle* (10/3/13), *Columbus Dispatch* (7/3/05), *Union Leader* (1/13/08), *Tallahassee Democrat* (2/13/14), *Bangor Daily News* (11/30/15), *Pittsburgh Post-Gazette* (5/30/05), *Baton Rouge Advocate* (9/17/05), *Austin Chronicle* (9/6/13), *The Ledger* (7/7/05), *Sacramento Bee* (10/23/09), *San Mateo County Times* (9/21/09), *Newport Beach Independent* (10/1/12), *Lake County Record-Bee* (3/13/12), *Portland Examiner* (3/27/15), *Islands' Sounder* (8/6/13), *Santa Ynez Valley News* (7/8/16) *Santa Fe Reporter* (2/8/12), *US News & World Report* (10/16/00), *Fast Company* (5/14/14), *Congressional Quarterly Researcher* (2/12/10), *The Forward* (5/4/11), *Military Officer* (12/06), *Ode Magazine* (11/05), *Oprah.com* (9/17/12), *Daily Beast* (7/17/13, 4/16/16), *Huffington Post* (4/25/08, 9/21/12, 11/18/14, 10/10/15, 3/22/16), *LifeZette* (8/10/15), *Vox* (8/17/15), *Discovery Channel Magazine* (3/2014), *Men's Journal* (12/13), *Huffington Post United Kingdom* (7/1/13), *Salon* (10/3/10, 11/14/15), *Slate* (10/27/12, 11/12/15), *Good Housekeeping* (1/13), *Southwest Review* (9/07), *American Scholar* (Spring/08), *Chronicle of Higher Education* (4/16/10, 10/11/12), *Lingua Franca* (10/01), *American Spirit Magazine* (9/10/08), *More Magazine* (7/13), *Southwest Airlines Spirit Magazine* (2/09), *Popular Science* (6/18/15), *Psychology Today* (11/07, 10/12, 2/13, 3/14, 8/14), *Muslim Times* (8/15/12), *Québec Science Magazine* (12/11-1/12), *Toronto Star* (2/7/99, 9/23/07, 5/1/10, 1/30/15, 9/8/16), *National Post* (1/27/12, 7/16/12, 1/1/15), *University of Toronto Varsity* (1/24/11, 1/22/12), *Globe & Mail* (1/10/01, 11/15/08, 2/11/11, 10/22/15), *Montreal Mirror* (10/10/07), *The Hamilton Spectator* (4/7/07), *Vancouver Courier* (5/7/15), *North Shore News* (2/7/07), *Macleans Magazine* (3/17/08), *Jamaica Gleaner* (9/28/14) *Reporte Indigo* (10/12/12), *Chihuahua Segundoasegundo* (1/17/11), *El Siglo de Torreón* (10/28/12), *Pulso de San Luis* (5/28/17), *Salud Pública de México* (9/10/10), *La Estrella de Panamá* (8/19/12), *La Nación, San*

José, Costa Rica, 1/31/15); *Vox Objetiva Magazine*, Brazil (6/1/12), *Semana*, Bogotá, (8/12/12), *Revista Ñ*, Buenos Aires (12/27/12), *Diario Veloz*, Buenos Aires (11/21/12), *El-Nacional Caracas* (1/18/11), *El Carabobeño* (1/18/11), *Vanguardia* (2/26/12, 10/19/12, 6/21/15); *Financial Times* (5/13/06, 5/26/07, 5/18/14), *Guardian* (8/10/99, 10/31/09, 5/22/10, 11/16/13, 4/18/14, 5/20/15, 10/9/15, 11/19/15, 4/20/18), *Times* (6/19/12, 8/17), *Big Think* (4/10/18), *Observer* (4/27/08), *History Today* (5/5/15), *Independent* (2/11/13, 5/18/14, 10/4/14), *University of Cardiff Gair Rhydd* (1/9/11), *Express* (3/8/10), *Times Higher Education Supplement* (7/10/08), *Telegraph* (1/8/09, 7/23/17), *The Week* (9/4/09), *BBC News Magazine* (3/16/07, 1/5/11), *City A.M.* (10/14/15), *Daily Mail* (2/23/12, 10/2/12, 3/25/14, 2/18/15, 6/22/15, 10/24/17), *Sunday Mirror* (3/21/10), *Aeon Magazine*, UK (4/1/14), *Manchester Evening News* (3/3/08, 3/19/12), *Irish Times* (8/8/15, 3/16/18), *Irish Daily Mail* (10/31/17), *Scotland on Sunday* (3/2/13), *Scotsman* (3/2/13), *International Herald Tribune* (4/11/06), *Marie Claire* (4/25/11), *Prensa Libre* (10/31/17), *El Periodico*, Barcelona (9/13/11), *El Pais*, Madrid (10/15/15, 5/28/17), *La Vanguardia*, Barcelona (6/1/12), *El Confidencial*, Madrid (11/29/13, 3/7/14), *GQ Espana* (4/4/18), *Espresso* (4/28/18), *Giornale Di Sicilia* (10/12/15); *Nederlands Dagblad* (1/12/09), *Radio Netherlands Worldwide Africa Desk* (12/10/13), *Dagens Nyheter* (2/11/18), *Brabants Dagblad* (2/22/06), *Psychologie* (11/1/12); *Huffington Post*, *Italia* (3/28/18), *NRC Handelsblad*, (12/19/08), *Het Laatste Nieuws*, Brussels (6/19/14), *Amsterdam Elsevier* (3/17/07), *Urbanmag* (4/19/09), *Focus Magazin* (10/22/12, 7/27/18), *Stern* (7/6/14), *Die Tageszeitung*, (11/1/17), *Berliner Zeitung* (3/20/12, 5/6/2015), *Berliner Kurier* (7/27/18), *SonntagsZeitung* (6/17/18), *Welt Online* (5/31/18), *Bilde* (11/24/17), *Tagzeitung Sueddeutsche Zeitung* (9/24/10, 10/4/12), *Augsburger Allgemeine* (9/12/11) *Neue Zürcher Zeitung* (10/25/10, 12/2/13), *Stuttgarter Zeitung* (5/9/08), *Stuttgarter Nachrichten* (9/7/11), *St. Galler Tagblatt* (12/21/13), *Die Ganze Woche* (10/20/15), *Weekendavisen*, Copenhagen (2/13/14), *Askim Samaalenene* (11/10/02), *Stockholm Dagens Nyheter* (10/30/08, 12/31/10, 2/11/18), *Svenska Dagbladet*, Stockholm (5/17/15, 10/15/17, 10/16/17); *Stockholm Östermalms*, (4/27/07), *Norske Magasient* (2/17/14), *Stockholm Expressen* (8/3/13), *Aftenposten Innsikts*, Oslo (11/12), *Helsingin Sanomat*, Helsinki (10/6/12), *Talous-Sanomat*, Helsinki (2/23/12), *Panorama Magazine* (11/2/12) *IL Post* (9/24/12), *Delo*, Ljubljana (10/20/10, 1/3/14, 8/5/16), *Gazeta Wyborczka*, Warsaw (12/27/14), *Newsweek Poland* (8/24/13), *Jutarnji List*, Zagreb (10/5/12), *Evenimentul Zilei*, Bucharest (1/29/16), *Journalul National*, Bucharest (10/7/14), *Le Courrier de Russie* (1/18/10), *Al-Ahram Weekly*, Cairo (12/12/14), *Millyet*, Istanbul (8/7/12), *Naija 24/7 News* (12/13), *Nairobi Star* (5/28/11), *Mail & Guardian*, Johannesburg (8/2/13), *Star*, Johannesburg (7/24/15), *The News International* (4/24/11), *Times of India* (2/9/13), *Economic Times of India* (5/30/05, 2/25/12), *Hindustan Times* (4/25/11), *Swarajya Magazine* (5/28/17), *Indian TV Today* (11/21/12), *Deccan Chronicle* (3/25/10), *Reader's Digest Asia* (6/27/11), *Japan Times* (8/28/2016), *South China Morning Post* (6/19/11, 11/24/13), *China Daily* (11/16/14), *National Geographic Chin* (8/6/15) *Philippine Daily Inquirer* (8/1/14), *Kompas*, Jakarta (12/5/12), *Malaysia New Straits Time* (12/12/99), *Singapore Straits Times* (10/2/10, 7/14/11, 3/16/18), *Kumpul Berita* (2/17/11), *Jakarta GresNews* (3/29/11), *The Straits Times*, (3/16/18), *Manado Post* (2/19/11), *New Zealand Listener* (8/13/12), *Gold Coast Bulletin* (12/6/2000), *Parallax* (7/06), *Canberra Times* (6/30/06), *Daily Examiner* (4/1/15), *Arena Magazine* (6/7/2006), *Sydney Morning Herald* (2/23/08, 4/23/14, 2/16/15), *Melbourne Herald Sun* (6/5/14), *Business Insider Australia* (7/22/16), *International Business Times* 2/18/15), and *Saipan Tribune* (10/18/13).

PROFESSIONAL SERVICE

Member of the American Historical Association, Associates of the Omohundro Institute of Early American History and Culture, Irish Historical Society, American Society for Legal History, Latin American and Caribbean Section of the Southern Historical Association

Manuscript referee for Cambridge University Press; D.C. Heath; Omohundro Institute of Early American History and Culture; Routledge, Chapman, and Hall; Bedford/St. Martins; University of North Carolina Press; University Press of Virginia, University of South

Carolina Press; Penn State University Press; University Press of Kentucky; Johns Hopkins University Press; *William and Mary Quarterly*; *Pennsylvania History*; *Journal of American History*; *Journal of the Early Republic*; *Virginia Magazine of History and Biography*; *Body & Society*; *History: The Journal of the Historical Association*

Member, Board of Editors, *Sleep Heath: The Journal of the National Sleep Foundation*, 2016-

Member, Board of Editors, *Clocks & Sleep*, 2018-

Judge, Library of Virginia Literary Award for Nonfiction, 2016, 2017

Reviewer of grant and fellowship applications, National Endowment for the Humanities; Wellcome Trust

Member, Protect Historic America

Member, 2002-2003, Clifford Prize Committee, American Society for Eighteenth-Century Studies

Chair, Editorial Board, *Soundings*, a journal of the Potomac River Basin Consortium, 1985-8

HISTORY DEPARTMENT SERVICE

Third-Year Review Committee, 2009-2010 (Chair), 2010-2011 (Chair), 2016-2017

Medieval Search Committee, 2004-2005

Outreach Committee, 2002-2008

Judge, History Department Prizes, 2002

Instructor, Summer Advanced Placement in History for Minority Students, 1990-1994

Undergraduate Curriculum Committee, 1990, 2001-2013

Diggs Professor Search Committee, 1989-90

Long-Range Planning Committee, 1988-89, 1997-99, 2000-2001

Governance Guidelines Committee, 1989-90

Southern History Search Committee, 1985-86

Executive Committee, 1984-85, 1997-98, 2007, 2008-12, 2017-

Tenure and/or Promotion Committees, 1982-83, 1983-84, 1989-90, 1992, 1997, 2004, 2009, 2010 (Chair)

Phi Alpha Theta Faculty Advisor, 1980-81, 1982-86 ("Best Chapter Award," 1984, shared with Kansas State for chapters at universities in excess of 16,000 students)

History Club Faculty Advisor, 1979-81

Committee of Public Safety, 1979-81

United Fund Coordinator, 1979

Black History Search Committee, 1978-79, 1985-86

Colloquia Director, 1978-81

Research Committee, 1978-81, 1983-85, 1988-89, 1993-94, 1996-98, 2008-2013

Graduate Committee, 1977-78, 1991-99, 2000-2001, 2002-2004, 2006-2008

Society of the Cincinnati Committee, 1977-2001 (Chair, 1988-2001), responsible for annually arranging a public address by a distinguished historian

COLLEGE SERVICE

Faculty Judge, Dean's Roundtable Scholarships, 2018

Guest Speaker, CLAHS Alumni Advisory Board, 2017

CLAHS Faculty Council, 2016-2017, 2019-
 CLAHS Scholarship Reviewer, 2015
 Panelist, NEH Fellowship Information Session, 2013
 Panelist, Fellowship Information Session, 2011
 Outstanding Senior Award Committee, 2011
 Reviewer, Education Abroad Scholarships, 2009
 Research Advisory Board, 2008-2009
 Reviewer, Faculty Grant Writing Institute, 2006
 Honors/Awards Committee, 2004-2006, 2008-2013, 2014-2015
 Humanities Summer Stipend Committee, 1993, 2007

UNIVERSITY SERVICE

Member, Alumni Award for Research Excellence Committee, 2009-14, Chair, 2014
 Faculty Judge, Annual Research Symposium, Graduate Student Association, 2008
 Member, Phi Beta Kappa Sturm Award Committee, 2007
 Reviewer, Graduate Student Research Grants, Graduate Student Assembly, 2007
 Faculty Marshal, 2007, 2013
 Consultant, Theatre Arts production of "Places and the Displaced," 1993
 Virginia Tech Representative to the Potomac River Basin Consortium, 1980-1993
 Search Committee for Chair of History Department, 1980-1981

REFERENCES:

Dr. Bernard Bailyn (Pulitzer Prize, 1968, 1986, National Book Award, 1975, National Humanities Medal, 2011)

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